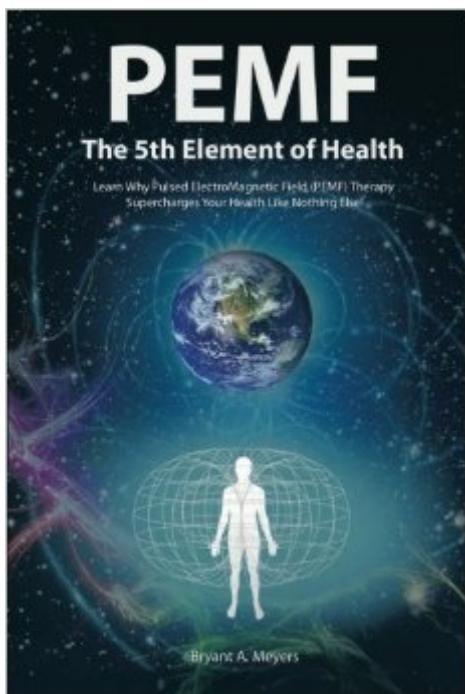


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# PEMF - The Fifth Element Of Health: Learn Why Pulsed Electromagnetic Field (PEMF) Therapy Supercharges Your Health Like Nothing Else!



## Synopsis

You probably know that food, water, sunlight, and oxygen are required for life, but there is a fifth element of health that is equally vital and often overlooked: The Earth's magnetic field and its corresponding PEMFs (pulsed electromagnetic fields). The two main components of Earth's PEMFs, the Schumann and Geomagnetic frequencies, are so essential that NASA and the Russian space program equip their spacecrafts with devices that replicate these frequencies. These frequencies are absolutely necessary for the human body's circadian rhythms, energy production, and even keeping the body free from pain. But there is a big problem on planet earth right now, rather, a twofold problem, as to why we are no longer getting these life-nurturing energies of the earth. In this book we'll explore the current problem and how the new science of PEMF therapy (a branch of energy medicine), based on modern quantum field theory, is the solution to this problem, with the many benefits listed below: • eliminate pain and inflammation naturally • get deep, rejuvenating sleep • increase your energy and vitality • feel younger, stronger, and more flexible • keep your bones strong and healthy • help your body with healing and regeneration • improve circulation and heart health • plus many more benefits

## Book Information

Paperback: 234 pages

Publisher: BalboaPress (August 19, 2013)

Language: English

ISBN-10: 1452579229

ISBN-13: 978-1452579221

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 14.7 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars See all reviews (161 customer reviews)

Best Sellers Rank: #20,691 in Books (See Top 100 in Books) #25 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #27 in Books > Health, Fitness & Dieting > Alternative Medicine > Energy Healing #109 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

## Customer Reviews

With his degrees in physics and years of research and personal use of dozens of "energy medicine" devices, the author is uniquely qualified to evaluate not only the physical devices, but also the theory and research behind their operation. All too often these devices are not even understood by

their designers, as evidenced by the outright nonsense of some product brochures. But not here! Rather, the author actually takes the time to define his terms, a refreshing departure from most energy medicine books! For example, the term "frequency" is bandied about so often and so ignorantly these days, it's almost embarrassing to hear it used in new age circles. But not in this book. We begin with first principles, using the traditional 5 elements, (earth, air fire, water and space) as an interesting philosophical springboard into the paradigm changing implications of quantum mechanics and the implications this has for our usual classical mechanical understanding of the field of health. As an aside, Buckminster Fuller pointed out 40 years ago that it has traditionally taken about a generation for any field of knowledge to adopt as mainstream the refinements and breakthroughs of that field's leading edge research. For example, Fuller pointed to the adoption of the clearly superior technology of adding reinforcing steel bars (rebar) into concrete pours as nonetheless taking a generation (which he defined as about 33 years) for the construction industry to adopt. Note that the accelerating rate of change, especially the rate of information discovery and dissemination as described in Alvin Toffler's Future Shock, may tend to reduce Fuller's prior estimate of adoption times.

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